

FRIEND FOR LIFE



Facilitating adult friends to offer a lifelong friendship for our children (in care) to have fun, go on adventures and be there for them through thick and thin, on the good days and the not so good days.

WALK AND TALK



Taking counselling into the community, supporting young people at risk of self harm to choose the space they want to meet and talk in, walking, baking, sport... anything goes!

COMMUNICATION FRIENDLY SPACES



Speech Bubble are working alongside Educational Diversity to build communication friendly classrooms, so all young people are able to engage fully in learning.

SELF HARM SUPPORT



Short term support for young people who self-harm and their families, ensuring they have the help they need in the community.

ACADEMIC RESILIENCE APPROACH



A whole school approach to resilience, facilitating school led discussions that result in a resilience action plan for the whole school community, including young people, teachers and staff, offering support and training where required.

BOUNCE FORWARD



A whole class 10 week resilience course for all young people in year 5, building knowledge and developing young people's expertise in resilience practice for themselves, friends, family and school community.

SADDLE UP



A 12 week project combining horse care with art therapy, focusing on communication and relationship building.

BACK ON TRACK



Up to 2 years work alongside young people, schools, social workers and foster carers to support our children (in care) to remain in mainstream school where appropriate.

PEER MENTORING



Supporting schools to embed the resilience framework into their peer mentoring programmes, offering training to mentors and schools staff.

CREATIVE ACTIVITIES



Offering creative activities for young people to enjoy a new activity and have the opportunity to develop their skills further, and hopefully find a lifelong talent!

MOVING ON UP



Working alongside young people, parents/carers and schools: resilience coaches offer up to 2 years of resilient therapy or 7 weeks of group work to ensure young people are settled and happy in high school.

DIGITAL LEARNING SPACE



Young people and practitioners share a digital space to collaborate and develop the work.